

CASTLE HILL SCHEDULE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

SATURDAY

CLASS TIME
CLASS NAME
CLASS DESCRIPTION

17:00 - 17:45
KIDS 5 - 8

17:45 - 18:30
JUNIORS 9 - 12

18:30 - 19:15
FITNESS

18:30 - 19:15
TEENS 13 - 15

19:15 - 20:15
OPEN KRAV

17:00 - 17:45
KIDS 5 - 8

17:45 - 18:30
JUNIORS 9 - 12

18:30 - 19:15
FITNESS

18:30 - 19:15
TEENS 13 - 15

19:15 - 20:15
OPEN KRAV

20:15 - 20:45
COMBAT TACTICS

17:00 - 17:45
KRAV 5 - 8

17:45 - 18:30
JUNIORS 9 - 12

18:30 - 19:15
JUNIORS 9 - 12
TACTICS
(ORANGE & UP)

19:00 - 20:30
SEMINARS & COURSES

17:45 - 18:30
TEENS 13 - 15

18:30 - 19:15
TEENS 13 - 15
TACTICS
(ORANGE & UP)

9:00 - 9:45
KRAV KIDS 5 - 8

9:45 - 10:30
JUNIORS 9 - 12

9:45 - 10:30
TEENS 13 - 15

10:30 - 11:30
OPEN KRAV

19:00 - 20:00
OPEN KRAV